

Free Educational Series Diabetes Education Series

Sponsored by
The Department of Human Resources,
Towson University Center and Mercy Medical Center



Have you or a loved one recently been diagnosed with Diabetes?

Were you diagnosed years ago and are looking for information on how to manage your chronic medical condition with your hectic lifestyle?

If you've answered **yes** to either of these questions then register to attend our free 6 week Diabetes Education Series.

When:

6 Weeks Beginning Thursday March 15th

Where:

201 E. Baltimore St., 1st floor

Session Topics

3/15/2012 – What is Diabetes? Am I at Risk?

3/22/2012 – Staying Healthy and Living with Diabetes.

3/29/2012 – Eating Right with Diabetes.

4/5/2012 – Diabetes and Being Active.

4/12/2012 – Diabetes: How does it affect your body?

4/19/2012 – Diabetes: Health concerns to watch out for.

To register, please email Julie Colucci at Julie.Colucci@baltimorecity.gov.
For more information, please call 443-984-3816.