

Ways to help your baby's brain grow

- Talk!** Talk to your baby - point out shapes, colors and numbers as you do everyday things together.
- Sing!** Sing and clap to rhymes and songs together. Children learn when they are having fun.
- Read!** Read books with your baby every day. Point to pictures and describe what you see.
- Write!** Encourage your baby to draw and scribble with a crayon. This is your baby's first step toward learning to write.
- Play!** Turn off the TV and spend time playing with your baby.
- Join In!** Take your baby to the library for the free Mother Goose Baby Steps story time. You can get a free library card, too. Call the Enoch Pratt Free Library at 410-396-5430 for information.

If you have concerns about your child's development, be sure to ask his or her doctor. There are many things you can do to help your baby learn and develop.

Don't forget to take care of yourself, too. If you want help with getting your GED or learning to read, call Baltimore Reads at **410-752-3595 ext. 1107**.



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