

Arundel Judy Center Presents:

# Breastfeeding Basics



## Session 1: "Besties with Breastfeeding!"

*A Fun, Safe, and Comprehensive course for Mothers interested in Breastfeeding their newborns or infants in an effort to give the best nutrition to their children!*

**When?: 1<sup>st</sup> Tuesday of Each Month!**

**1<sup>st</sup> Session: Tuesday October 6, 2015 1:30pm-2:30pm**

**Where?: Judy Center (2400 Round Rd), Room 202**

*For more information, call 443-642-2130.*