

HEALTHCARE ACCESS MARYLAND

Crib Assistance Program
410-649-0500

HealthCare Access Maryland is a nonprofit agency that connects residents to public health care coverage and helps them use services effectively. We work with individuals, hospitals, policymakers, and social services organizations to strengthen Maryland's health care delivery system and make Maryland healthier.

Do you need a free portable crib for your baby?

HealthCare Access Maryland and B'more for Healthy Babies are working together to keep all babies safe during sleep. The Crib Assistance Program provides portable cribs and safe sleep education. Whenever you put your baby down for a nap or the night, always use the ABCDs of safe sleep: babies should sleep **A**lone, on their **B**acks, and in a **C**rib and **D**on't smoke inside.

A Safe Sleep Coordinator will come to your home to:

- Deliver a new portable crib and show you how to put it together.
- Show you the safe sleep video and explain how to keep your baby safe when sleeping.
- Tell you how to sign up for HealthChoice and health insurance.
- Give you information about family planning, smoke-free homes, and other resources.

You may be able to get a free crib if you:

- Live in Baltimore City
- Are at least 36 weeks pregnant, or
Have a baby who is less than 8 months, or
Have a baby who is less than 24 pounds
- Make a very low income or use WIC, Temporary Cash Assistance, Medical Assistance or SNAP (food stamps)
- Have no other way to get a crib--you cannot buy one, borrow one, or get one as a gift.

Find out if you can get a free portable crib:

Call **410-649-0500** to find out if you can get a free crib for your baby.

OR

Go to bit.ly/BHB_CribForm www.healthybabiesbaltimore.com.

- Click on the *referral forms* button.
- Download the Crib and Safe Sleep Program referral form.
- Email your completed form to safesleepcrib@hcamaryland.org.