



FREEDOM FOOD
PRESENTS
A WATCH PARTY OF
NETFLIX'S

H I G H O N T H E H O G

***H O W A F R I C A N A M E R I C A N
C U I S I N E T R A N S F O R M E D
A M E R I C A***

Join us every Wednesday in July 2021
from 6:30pm - 7:30pm!

Queue up an episode of High on the Hog
and join the chat on Twitter to share
thoughts and insights
and engage in discussion on the latest episode!

Follow #Bmorehighonthehog

July 7: Our Roots

July 14: The Rice Kingdom

July 21: Our Founding Chefs

July 28: Freedom

