



BALTIMORE'S
PROVIDER
REFERRAL GUIDE

B'more for
Healthy Babies[™]
Every baby counts on you

BALTIMORE'S REFERRAL NETWORK



No Place to Refer? Think Again.

You already do everything you can to improve the health of your patients, but do you sometimes wish you could do more? It only takes a few minutes to make a referral that connects patients to Baltimore City's extensive network of maternal and child health services. Through this referral network, your patients can access services such as home visiting, early intervention, mental health and substance use disorder treatment, food benefits, safety planning, and more. Use this guide to make quick and efficient referrals.

Why You Should Screen and Refer

Screening and referral play a key role in reducing infant mortality in Baltimore City. Since the launch of B'more for Healthy Babies in 2009, the infant mortality rate has dropped to historic lows. Disparities in infant mortality between black and white babies have decreased by 50%.

We know that mothers, fathers, and children who are not screened and connected to supportive services are much more likely to experience poor outcomes. Here's what we know from Baltimore City Health Department data:

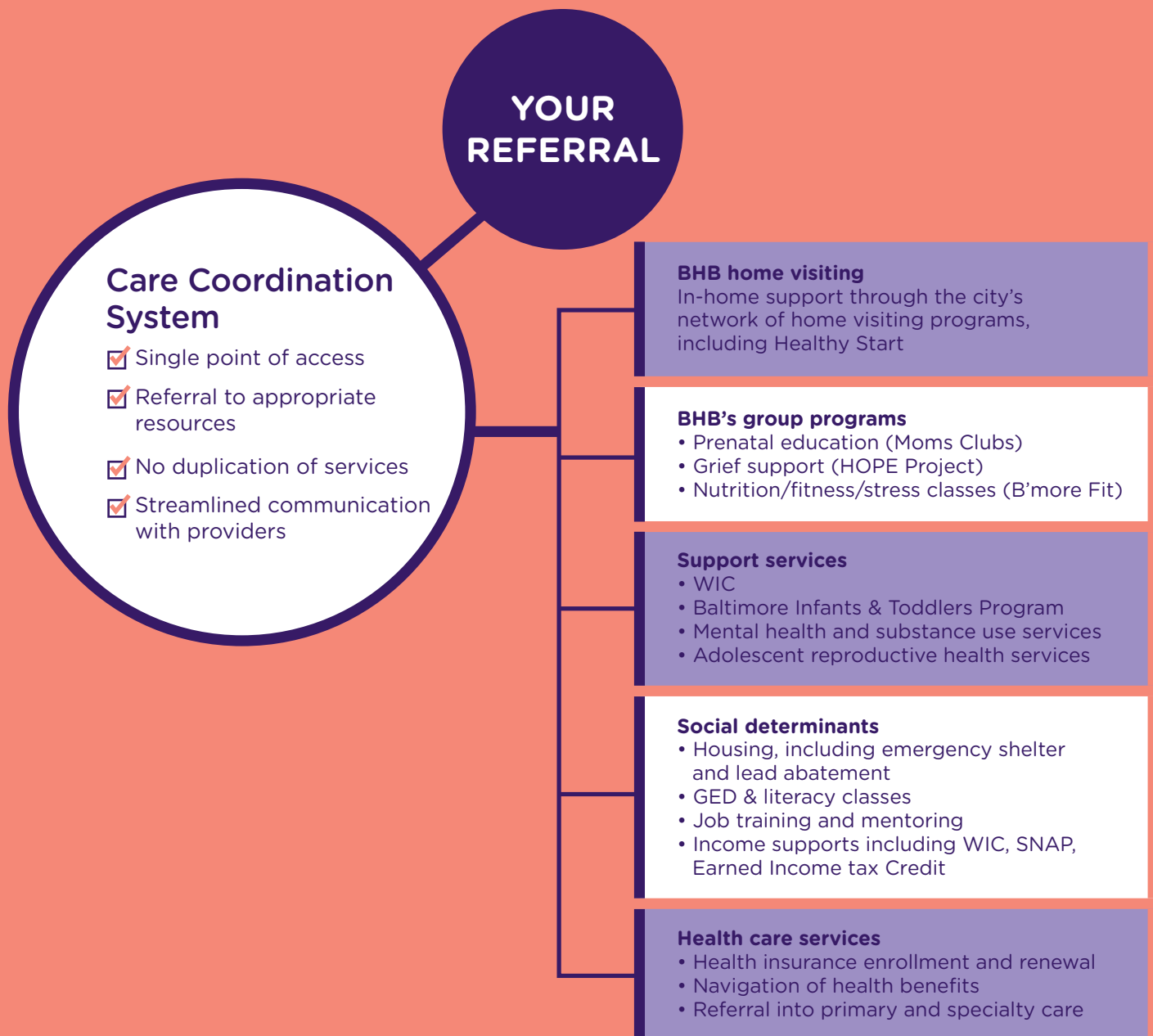
MISSED SCREENING/REFERRAL	ASSOCIATED RISKS AND OUTCOMES
No Maryland Prenatal Risk Assessment	5x risk of fetal or infant death
No education on safe sleep & referral to crib program (income eligible)	80% of sleep-related deaths occur when a baby is not sleeping in a crib
No screen/referral for behavioral health	2/3 of child abuse/neglect cases involve caregivers with a behavioral health history
No referral of child with asthma to home visiting	Increased disparities with 4x more hospitalizations among black children
No Local Health Services Request form for missed well-child visits	Nearly all child abuse/neglect fatalities had a history of missed well-child visits

You Can Refer with Confidence

B'more for Healthy Babies works to ensure that all publicly-funded services in the maternal and child health network are responsive, anti-racist, adequately funded, and high-quality. We use several processes to continuously improve maternal and child health services. The City's Fetal-Infant Mortality Review and Child Fatality Review boards meet regularly to review maternal, infant, and child deaths and analyze the social, economic, and health factors contributing to these untimely deaths. These teams develop initial recommendations that are refined and implemented by B'more for Healthy Babies and partner agencies. The Community Advisory Board, a 14-member board of residents and community leaders, plays a major role in advising B'more for Healthy Babies on policy and program priorities and planning for implementation.

Understanding Baltimore's Care Coordination System

B'more for Healthy Babies' care coordination system for pregnant women, infants, and young children is the foundation of our work. Every year, Health-Care Access Maryland (HCAM) manages referrals for more than 4,000 Medicaid-eligible pregnant women and families with infants. When you refer into HCAM's care coordination system, you help connect families to a broad range of high-quality maternal and child health services. A few minutes of your time could make a world of difference in your patients' lives.



PRENATAL VISITS



Complete the Maryland Prenatal Risk Assessment (MPRA) at 1st prenatal visit (Mandatory referral of patients on Medical Assistance)
Submit new MPRA each time there is a change in risk.



Use the Maryland Prenatal Risk Assessment (MPRA) form and fax to HealthCare Access Maryland (HCAM): **1-888-657-8712**

Tell your patients that someone from HCAM will call them to talk about services.

Call HCAM with questions: **410-649-0500**.

Access to home visiting, WIC, breastfeeding support, Moms Clubs, behavioral health, and more

Screen for **substance use and mental health** once every trimester

Use validated tools to screen and refer for mental health and substance use disorders.

Refer to the 24-hr Crisis, Information &

Referral Hotline: **410-433-5175**

Immediate crisis response if needed and appointments scheduled within 3 days

For smoking cessation, refer to the Maryland Tobacco Quitline through MDQuit.org's Fax to Assist Program or call 1-800-QUITNOW

Screen for **intimate partner violence** once every trimester

Use validated tool to screen and refer to House of Ruth Maryland's

24-hr Hotline: **410-889-7884**

Access to shelter/safety plan

Increase patients' **adherence to care**

Use Local Health Services Request form and fax to HCAM:

410-649-0532

Family supported to adhere to treatment plans

Confirm **safe infant sleep plan** when close to delivery

Provide safe sleep education: **Alone. Back. Crib. Don't Smoke. No Exceptions.**

Advise families to keep their homes smoke-free — no cigarettes, marijuana, or vaping.

If family cannot afford crib, use safe sleep referral form and fax to HCAM: **410-649-0532**

Provides in-home delivery/setup of portable crib and education

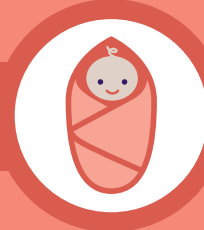
If a patient has a **miscarriage or fetal death**

Use HOPE referral form and fax to HCAM: **1-888-657-8712** and call

Roberta's House: **410-235-6633**

Counsel on contraception and refer to UChooseBaltimore.org

DELIVERY & POSTPARTUM



Complete the **Postpartum Infant & Maternal Referral (PIMR)** form



If baby is preterm, low birth weight, or has health concerns or the mother has health or psychosocial concerns, use PIMR form and fax to HealthCare Access Maryland (HCAM): **410-649-0532**

Access to home visiting, WIC, breastfeeding support, early intervention, behavioral health, and more

Confirm **infant safe sleep plan** before discharge

Provide safe sleep education:
Alone. Back. Crib.

Don't Smoke. No Exceptions.

Advise patients to keep their homes smoke-free — no cigarettes, marijuana, or vaping.

If family cannot afford crib, use safe sleep referral form and fax to HCAM: **410-649-0532**

Provides in-home delivery/setup of portable crib and education

Screen for **mental health, substance use, and intimate partner violence** at postpartum visit

Screen for substance use and mental health disorders using validated tools and refer to 24-hr Crisis, Information & Referral Line: **410-433-5175**

Screen for intimate partner violence and refer to House of Ruth Maryland's Hotline: **410-889-7884** or call **2-1-1**

If there is an **infant death**

Use HOPE referral form and fax to HCAM:

1-888-657-8712 and call

Roberta's House: **410-235-6633**

Access to peer-led support programs

If baby has **developmental concerns**

Call Baltimore Infants and Toddlers Program (BITP): **410-396-1666**

Provides specialized services for family

Counsel about **contraception** before discharge and at postpartum visit

Counsel women about contraception or refer to HCAM:

410-649-0500

Refer women to UChooseBaltimore.org for information.

Access to information about contraception

WELL-CHILD VISITS



Connect to **nutrition and breastfeeding support**

Refer to Women, Infants and Children:
410-396-9427

Connect to **parenting advice and support**

Refer to Family Tree's Parenting HelpLine:
1-800-243-7337 (24/7)
General parenting advice and support

Test **lead levels at 12 and 24 months**

Refer to the Childhood Lead Poisoning Primary Prevention Program:
443-984-2460
Access to home visiting, lead inspections

Screen children for **developmental delays**

Screen for developmental delays at every visit and refer to Baltimore Infants and Toddlers Program (BITP):
410-396-1666
Specialized services for children

Improve child's **control of asthma**

Refer to Community Asthma Program:
410-396-3848
Access to home visits and free supplies

Increase family's **adherence to care**

Fax Local Health Services Request to HCAM:
410-649-0532
Family supported to adhere to treatment plans

For a provider **phone consult on behavioral health**

Call MD Behavioral Health Integration in Pediatric Primary Care:
1-855-632-4477
Provides free phone consult to help you assess and refer

Follow the Maryland Healthy Kids **Preventive Health Schedule**

Early and periodic screening, diagnostic, and treatment schedule for well-child visits
mmcp.health.maryland.gov

ACCESS AT ANY TIME



Any Baltimore City resident can self-refer to HCAM for services.
Call 410-649-0500 or fax a completed self-referral form to 1-888-657-8712.

AT A GLANCE

<p>Health insurance, home visiting, cribs and more. HealthCare Access Maryland 410-649-0500</p>	<p>Parenting Support Family Tree Parenting HelpLine (24/7) 1-800-243-7337</p>	<p>Lead exposure Childhood Lead Poisoning Primary Prevention 443-984-2460</p>
<p>Mental health or substance use disorder Crisis, Information, & Referral Line (24/7) 410-433-5175</p>	<p>Growth or developmental delays Baltimore Infants and Toddlers Program 410-396-1666</p>	<p>Asthma Community Asthma Program 410-396-3848</p>
<p>Intimate partner violence House of Ruth Maryland's Hotline (24/7) 410-889-7884</p>	<p>Nutrition and breastfeeding Women, Infants and Children 410-396-9427</p>	<p>Smoking cessation MD Quitline (24/7) 1-800-Quit-Now or (800) 784-8669</p>
<p>Fetal or infant loss HOPE Project at Roberta's House 410-235-6633</p>	<p>Child abuse/neglect Child Protective Services (24/7) 410-361-2235</p>	<p>Call 2-1-1 for help with food, utilities, housing, job training, and more.</p>
<p>Pre-K programs Head Start Bit.ly/registrationhdstart Baltimore City Public Schools 410-396-8600</p>	<p>Food stamps, cash assistance, childcare subsidies Family Investment Administration 443-423-6400</p>	<p>Information on planning a family UChooseBaltimore.org</p>
<p>BHB Community Programs in Upton/Druid Heights & Greater Mondawmin Group Prenatal and postpartum support, breastfeeding support, and social emotional parenting support B'more for Healthy Babies@Promise Heights or 410-706-6131</p>		<p>BHB Community Programs in Patterson Park North & East Visit www.healthybabies-baltimore.com</p>

Find referral forms and information at
www.healthybabiesbaltimore.com

For any questions or information
on trainings or resources:

Call the Baltimore City Health Department at 410-396-1834



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